

FEVER

FEVER is not a disease, but rather a symptom of a disease.

Fever usually indicates an infection. Most infections are viral in origin for which there are no specific treatments, merely relief of symptoms.

FEVER CONTROL

- Use a thermometer to check the patient's accurate temperature – DO NOT guess.
- Encourage sufficient fluids.
- Most heat is lost through the skin – DO NOT wrap the patient in heavy blankets or warm clothes.

A normal temperature is 37 Degrees Celsius (98.6F) by mouth OR 38 Degrees Celsius (100F) rectally for children under 2 years of age.

If the patient's symptoms persist higher than 38 Degrees Celsius for over 24 hours, even after implementing the above methods then please see a doctor.

If the patient looks really unwell and ill, OR if you are concerned, seek medical care immediately.